



ALL SAINTS' COLLEGE

Re-accredited with 'A' - Grade by NAAC

Thiruvananthapuram - 695 007, Kerala - South India

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Authenticated list of extension and outreach programs conducted by the institution through NSS/NCC, Government and Government recognised bodies during the last five years

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
2016-17				
National Integration Camp	NSS Cell, University of Kerala	Five days activities of various kinds	2016-17	5
Swachtha Activities	NSS Cell, University of Kerala	Campus Cleaning	2016-17	50
Swachtha Activities	NSS Cell, University of Kerala	Regular watering of plants	2016-17	55
Social Commitment	NSS Cell, University of Kerala	Maintenance work of a poor family's house	2016-17	45
Blood donation camps	Sree Chithira Thirunal Institute of Medical Sciences and Technology	Blood Donation to Sree Chithra Hospital	2016-17	120
International Yoga Day Celebrations	NSS Cell, University of Kerala	Yoga exercises	2016-17	45
Olympic Day Celebrations	Department of Physical Education, All Saints' College	Sports	2016-17	25
Triranga March	NSS Cell, University of Kerala	Rally	2016-17	45
Swachchatha Activities	NSS Cell, University of Kerala	Cleaning the Kochuveli railway station	2016-17	25
Indian History Congress	University of Kerala	Seminars	2016-17	20
Digital India workshop	NSS Cell, University of Kerala	Competitions	2016-17	15
AIDS Day Rallies	AIDS Control Society	Rally	2016-17	50



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Peace Rally	NSS Cell, University of Kerala	Rally	2016-17	50
Lifestyle Diseases	NSS Cell, University of Kerala	Awareness Class	2016-17	100
Cashless Economy	NSS Cell, University of Kerala	Awareness Class	2016-17	40
HIV awareness	AIDS Control Society	Awareness Class	2016-17	145
Organ Donation	NSS Cell, University of Kerala	Awareness Class	2016-17	45
National Adventure Camp held at Manali	University of Kerala	Camping	2016-17	1
National Youth Festival at Haryana	NSS Cell, University of Kerala	Youth Festival	2016-17	1
Voice Donation	NSS Cell, University of Kerala	Reading books and magazines for competitive exams for blind students	2016-17	50
Book donation and distribution	NSS Cell, University of Kerala	Donation and collection of books and distribution to nearby local libraries	2016-17	60
All Indian National Integration Camp and Mega Cultural Festival	NSS Cell, University of Kerala	Camping	2016-17	15
Civil Service Training Programmes	Civil Services Academy	Training activities	2016-17	30
Digital India Workshop	NSS Cell, University of Kerala	competitions like Skit, Quiz and discussions	2016-17	10
Oral Cancer Awareness Survey	Regional Cancer Center	Survey	2016-17	40
Anti Drug Campaign	Anti-narcotic cell	Campaigns	2016-17	100
Educating the tribal community about different	NSS Cell, University of Kerala	Litarcy activities	2016-17	25



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Government programmes				
Distribution of food and clothes to a tribal village and poor people	NSS Cell, University of Kerala	Helping	2016-17	140
Teaching the Children of adopted village about Science, latest developments, Spoken English	NSS Cell, University of Kerala	Teaching	2016-17	30
Beach Cleaning Programme	NYKS	Cleaning	2016-17	200
Awareness class to the fishing community in Shangumugham, Veli and Vettucaud area on waste management	NSS Cell, University of Kerala	Awareness Class	2016-17	143
				1725
2017-18				
Health and lifestyle	IMA	Cancer Awareness Programme	2017-18	100
Health and lifestyle	Indian Institute of Diabetics	Mega Medical Camp	2017-18	100
Health and lifestyle	Health Department	Survey to Detect Oral Cancer Patients	2017-18	25
Health and lifestyle	Kerala State AIDS Control Society	RRC Programme	2017-18	150
Personality Development	Kerala State Youth Welfare Board	Personality development program	2017-18	200
Environmental Conservation	Kerala Forest Department	Tree Plantation	2017-18	40
Lifestyle	Kerala State Excise Department, Thiruvananthapuram	Anti Liquor Campaign	2017-18	50



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Health and lifestyle	Kerala State AIDS Control Society	AIDS Awareness Programme	2017-18	70
Blood Donation camp	Sree Chitra Thirunal Institute of Medical Sciences and Technology	Blood Donation camps	2017-18	45
Health and lifestyle	Department of Health and Family welfare and National Rural Health Mission (NRHM) Govt. of India	Medical Camp and Health Awareness Programmes	2017-18	86
Cleaning drives	Karikkakom School	Swatch Bharat Activities and Cleaning Programmes	2017-18	40
Awareness	NSS, University of Kerala	Digital economy Campaign for Cashless economy	2017-18	45
Social commitment	NSS Units	Repair work of House of Old people	2017-18	75
Social commitment	NSS Units	Food Distribution	2017-18	100
Social commitment	NSS Units	Book Donation	2017-18	35
Social commitment	Blind Association	Voice Donation to the Blind	2017-18	50
Health and lifestyle	AIDS Society	AIDS Day Rallies, Peace rally	2017-18	150
Health and lifestyle	Public Health Department	Immunisation programmes	2017-18	100
Social commitment	NSS Units	Socio economic survey	2017-18	65
Health and lifestyle	Human Rights Forum & Women's Studies Cell in association with KIMS Hospital & CLUB FM	International Women's Day and World Kidney Day	2017-18	160
Environmental Conservation	Bhoomithra Sena Club	World Wetland Day - 2018	2017-18	35
				1721
2018-19				
Human Rights Day	Human Rights Forum	Human Rights March in the	2018-19	10



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		campus and Distribution of food packets to the needy		
Mathrubhoomi International Festival of Letters	Mathrubhoomi Vernacular Daily	Volunteering Literary Fest	2018-19	11
Disaster Management Camp	NSS with the University of Kerala and Kerala State Disaster Management Authority	Awareness lecture and practice	2018-19	150
Advisory Committee Meeting	NSS with University of Kerala	Delegation of duties	2018-19	2
Two day National Seminar On Gender Equality strategies and solutions	NSS with University of Kerala	Lecture and awareness classes	2018-19	10
3 day residential NSS Leadership Camp	NSS with University of Kerala	Series of Social Service Activities	2018-19	1
TB Awareness Programme	NSS with District TB Centre, Kerala State Health Department	Musical Drama	2018-19	110
7 day National Integration Camp	University of Kerala	Series of activities on the topic National Integration	2018-19	5
Women Self Defence Training	Snehajwala and Swasthi foundation	Practising Self Defence	2018-19	120
International Programme organized as a part of ERUDITE (Scholar in Residence Programme)and talk on water Circulation in Continental and Oceanic Islands	NSS in association with University of Kerala	Lecture	2018-19	50



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Yukthi bhadrmaaya Campus	Department of Student Services, University of Kerala	Lecture Series	2018-19	125
MAD – Sr. Pascola		Volunteering classes for underprivileged children	2018-19	250
HEALTH, NUTRITION AND PHYSICAL FITNESS		Classes	2018-19	50
PLANNING FORUM		Seminar on presentation skills	2018-19	50
SCIENCE CLUB		Poster presentations, seminars and display of different science related factors	2018-19	50
Friday Forum	Kuruvi Nature Club and World Wide Fund for Nature-India		2018-19	46
Eco Discussion Forum	ENVIRONMENTAL ACTIVITIES CLUB	Maintenance of medicinal garden and eden garden	2018-19	50
Hedge Equities	INVESTORS CLUB	One day training programme was conducted on the topic "Gateway to Financial Freedom	2018-19	50
World Environment Day Observance	Bhoomithra Sena Club	Invited lecture on the theme 'Beat Plastic Pollution: If you cannot reuse it refuse it	2018-19	100
Observance of the World Ozone Day 2018	Bhoomithra Sena Club	Workshop on 'Keep Cool and Carry on: The Montreal Protocol' followed by	2018-19	100



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		PowerPoint presentation competition		
Observance of the World Ozone Day 2018	Bhoomithra Sena Club	An awareness lecture on the importance of Ozone and the need of its sustenance	2018-19	100
Observance of the World Ozone Day 2018	Bhoomithra Sena Club	A slogan writing competition	2018-19	20
Observance of the World Ozone Day 2018	Bhoomithra Sena Club	A poster designing competition on the theme of the year	2018-19	100
World Forestry day 2019	Bhoomithra Sena Club	1. Campus tour to show the natural systems functioning together for the existence of nature 2. Film show to convey the importance of existence and sustainable use of forests 3. Distribution of small fruit bearing tree saplings to some of the houses of the locality	2018-19	75
World Water Day 2019	Bhoomithra Sena Club	1. Invited lecture on "Water Conservation - leaving no one behind" 2. Poster designing competition 3. Extempore was	2018-19	100



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		conducted on the theme "Leaving no one behind"		
				1735
2019-20				
Swachch Pakwatha	NSS	Cleaning Drives in campus	2019-20	100
Swachch Pakwatha	NSS	Cleaning Drives in community	2019-20	55
Swachch Pakwatha	NSS and Bharath Petroleum	Awareness on Swachch Hi Sewa	2019-20	100
Swachch Pakwatha	NSS and Bharath Petroleum	Cleaning Program at Mathilmukku	2019-20	80
Swachch Pakwatha	NSS and Railway Department	Cleaning Adopted Railway Stations	2019-20	35
Swachch Pakwatha	NSS and Railway Department	Cleaning drive as part of Gandhi Jayanthi	2019-20	45
Swachch Pakwatha	NSS and Kochuveli Railway Station	Flash Mob at Kochuveli Railway Station	2019-20	30
Swachch Pakwatha	Central Government Project conducted by KSCSTE	Nirmal Tat Abhiyan	2019-20	30
Swachch Pakwatha	Project Udhaynam	Converting a dumpsite in Thirumala to garden	2019-20	42
Swach Bharath	C5, Government of Kerala	Clean Beach awareness and Valedictory function of Samudrathma	2019-20	30
AIDS Awareness	AIDS Control Society	AIDS Day Awareness Program	2019-20	120
Swach Bharath	NSS	Class on Green Protocol	2019-20	54
Social Responsibility	Insight for Innovation' an NGO	Project Ganitham - Training	2019-20	40



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Social Responsibility	Insight for Innovation' an NGO	DENTAL CAMP BY PMS DENTAL COLLEGE	2019-20	185
Social Responsibility	C5 Government of Kerala	Cleaning Drive at Ponmudi	2019-20	20
Social Responsibility	C5 Government of Kerala	Organic farming program	2019-20	30
Civic Responsibility	(Kerala Youth Welfare Board)	KAS Training Programme	2019-20	10
				1006
Participation in other activities in the campus and in the community - 792				
Total students participated in the extension activities in the year 2019-20 - 1798				1798
2020-21				
Challenging Plastic: Search of Solutions for Plastic Pollution'	NSS Cell, University of Kerala	Swachch Bharat	2020-21	55
SOUKHYA', an online session on Yoga	NSS Cell, University of Kerala	Health and personal development	2020-21	55
Inter- collegiate poster making competition and a drawing competition	NSS Cell, University of Kerala	Anti-narcotic activity	2020-21	30
Kerala and Lakshadweep Review Meeting	Regional NSS Center	Review Meeting	2020-21	1
ECHO, National Youth Summit	WWF India, Kerala Chapter	Environment Conservation	2020-21	25
Covid 19 & Disaster Management	Emergency Rapid Response Team, Public Health, Government of Kerala	Disaster Management	2020-21	30
Choose to Reuse (World Nature Conservation Day)	WWF India, Kerala Chapter	Environment Conservation	2020-21	15
SAY YES TO PEACE AND NO TO WAR - Hiroshima Day	NSS Cell, University of Kerala	Peace Protection	2020-21	30



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Nagasaki Day	NSS Cell, University of Kerala	Peace Protection	2020-21	30
Flipped online-offline Independence Day Celebration 2020	Department of History, All Saints' College, Thiruvananthapuram	Independence Day Celebrations	2020-21	50
Cultural Exchange	NSS Cell, University of Kerala	Ek Bharat Shrestha Bharat	2020-21	1
Online Sannadhasena training	Sannadhasena, Government of Kerala	Disaster Management	2020-21	10
Webinar and Slogan writing contest	Kerala Women's Commission	Gender Equality	2020-21	15
Video making competition World Ozone Day	Bhoomithra Sena Club, All Saints' College	Environmental Responsibility	2020-21	10
Webinar on Cancer Awareness and Sustainable Lifestyle	SANJEEVANI, Life Beyond Cancer	Health and Lifestyle	2020-21	25
Donation of hand-washes and Masks	Kochuveli Railway Stations	Social Responsibility	2020-21	5
Volunteering experience sharing as NSS Day Celebrations	NSS Cell, University of Kerala	Social Responsibility	2020-21	50
'DYUTHI' as part of our Gandhi Jayanthi Celebrations	Department of History, University of Kerala	Social Service	2020-21	20
Manjuthulli	Pallium India	Online inauguration of Pallium India Trivandrum group	2020-21	10
Online Inauguration of Disaster Management training	Kerala State Disaster Management Authority	Environmental Awareness	2020-21	2
Awareness session on hemophilia	Nila foundation	Volunteer Blood Donation Day	2020-21	50



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		(Social Responsibility)		
Virtual event "INK-STAINED PAGES"	NSS Cell, University of Kerala	RASHTRIYA EKTA DIWAS	2020-21	25
DASHADINA SHILPASHAALA	Kerala State Commission for Protection of Child Rights	Protection of child rights	2020-21	25
Online caption writing contest	NSS Cell, University of Kerala	NATIONAL CANCER AWARENESS DAY	2020-21	10
#Bhakshya Paithrikam (TRADITIONAL FOOD ADVOCACY)	Bhoomithra Sena Club, All Saints' College	Health and Lifestyle (Social Responsibility)	2020-21	50
#Krishipaithrikam - ORGANIC FARMING INITIATIVE	Bhoomithra Sena Club, All Saints' College	Health and Lifestyle (Social Responsibility)	2020-21	50
Reading of the Preamble to the Constitution	NCC My Gov	CONSTITUTION DAY	2020-21	10
REMEMBERING U SURESH	Kerala Blood Donor's Society	Blood Donation Awareness	2020-21	20
Online intercollegiate poster designing competition based on the theme of AIDS	Kerala AIDS Control Society	AIDS Awareness	2020-21	5
VOLUNTEER TALKS on Miyavaki forests	WWF India, Kerala Chapter	Environment Conservation	2020-21	10
WEBINAR ON YOUTH FOR DEVELOPMENT	Nehru Yuva Kendra Sangathan	Youth Empowerment	2020-21	10
Webinar on Volunteerism	NSS Cell, University of Kerala	INTERNATIONAL VOLUNTEER DAY	2020-21	20
FACE SHIELD MAKING ONLINE WORKSHOP	Shree Vidyadhiraja Seva Mission School	Social Responsibility	2020-21	15



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VOLUNTEER TALKS Protection of Trivandrum's remaining Wetlands	WWF India, Kerala Chapter	Environment Conservation	2020-21	15
CANCER AWARENESS VIRTUAL CLASS	Cochin cancer society	Health and Lifestyle	2020-21	50
VOICE DONATION PROGRAM	Pallium India	Social Responsibility	2020-21	10
3 DAY DISTRICT LEVEL ONLINE TRAINING FOR NSS VOLUNTEERS	Kerala Women's Commission	Volunteer Development (Social Responsibility)	2020-21	2
Cleaning Drives	Bhoomithra Sena Club, All Saints' College	Swachchatha Abhiyaan	2020-21	25
CHRISTMAS CELEBRATION	Management, All Saints' College	Social Responsibility	2020-21	5
Conservancy Talk Series	CLIMATEHOOD: THE CLIMATE YOUTH FRATERNITY	Environment Conservation	2020-21	10
Conservancy Talk Series on the topic You & I and Climate Change	CLIMATEHOOD: THE CLIMATE YOUTH FRATERNITY	Environment Conservation	2020-21	10
PARTICIPATED IN AARUSHI VIRTUAL YOUTH FEST 2021	St. Joseph's College for women, Alappuzha	Virtual Youth festival for NSS volunteers	2020-21	5
Expert Talk on Magical Mangroves	WWF India, Kerala Chapter	Environment Conservation	2020-21	10
TRAINING ON Telemedicine ready Pulse-Oxygen Saturation-Temperature Monitoring Appliance (POSTMA)	All Saints' College with support from IEEE	Social Responsibility	2020-21	25
ENWENAR SESSION	Dept of Aquatic Biology and Fisheries	Environment Conservation	2020-21	10



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WETLAND DAY ACTIVITY - "WETLANDS AND WATER "	State Wetland Authority Kerala (SWAK)	Environment Conservation	2020-21	20
TIDE TURNER'S PLASTIC CHALLENGE	WWF India, Kerala Chapter	Environment Conservation	2020-21	20
PROJECT GANITHAM	Insight through Innovation', a Non- Governmental Organization	Social Responsibility	2020-21	15
Awareness programme in Veli	Pallium India and KITE (Kerala Infrastructure and Technology for Education)	Social Responsibility	2020-21	4
IN THE TIME OF TURBULENCE: BREW A PRODUCTIVE TALK	Bhoomithra Sena Club, All Saints' College	Social Responsibility	2020-21	25
IN THE TIME OF TURBULENCE - AWARENESS IN THE FORM OF ART	Bhoomithra Sena Club, All Saints' College	Social Responsibility	2020-21	15
TIDE TURNER PLASTIC CHALLENGE	WWF India, Kerala Chapter	Environment Conservation	2020-21	10
ONLINE SURVEY AMONG NSS VOLUNTEERS FOR DRAFTING NATIONAL POLICY ON VOLUNTEERISM	As directed by Department of Youth Affairs, Govt. of India	Social Responsibility	2020-21	45
SHORT COURSE ON ADVOCACY FOR TIDE TUNERS CHAMPIONS	WWF India, Kerala Chapter	Environment Conservation	2020-21	5
NATIONAL SCIENCE DAY	NSS Cell, University of Kerala	Science popularization	2020-21	10



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DONATE BECAUSE YOU CAN: A blood drive campaign	NSS Cell, University of Kerala	Social Responsibility	2020-21	40
WORLD WILDLIFE DAY - photography competition on the topic True Wilderness	WWF India, Kerala Chapter	Environment Conservation	2020-21	5
INTERNATIONAL WOMEN'S DAY - an Intercollegiate caption writing contest called Manusmriti on the topic, The Independent Women	NSS Cell, University of Kerala	Social Responsibility	2020-21	10
HEALTH SURVEY - 4th MARCH 2021 - to assess the requirement of Pulsoximeter	POSTMA project of All Saints' College	Social Responsibility	2020-21	50
PALLIATIVE CARE ACTIVITIES	Pallium India	Social Responsibility	2020-21	10
AHAM SPURANA: MUSICAL DRAMA - Drama for making people aware of Covid care related circumstances in the society	All Saints' College Student Action Committee	Social Responsibility	2020-21	10
HUG FEST: ADOPT AND SPREAD HAPPYTALISM	NSS Cell, University of Kerala	Social Responsibility	2020-21	10
SPARROW PARTY	Bhoomithra Sena Club, All Saints' College and WWF India Kerala Chapter	Environment Conservation	2020-21	5
WORLD PRESCRIPTION DAY	NSS Cell, University of Kerala	Mental Health	2020-21	10



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Thiruvananthapuram-7

INTERNATIONAL DAY OF FORESTS: A TREE HUB	Forest Department and Bhoomitha Sena Club, All Saints' College	Environment Conservation	2020-21	15
WATER WALK BUCKET CHALLENGE	Bhoomithra Sena Club, All Saints' College	Environment Conservation	2020-21	10
WEBINAR ON BIRDS	KOOT, an NGO	Biodiversity Conservation	2020-21	10
Understanding Clouds	NSS Cell, University of Kerala	Environment Responsibility and awareness spreading	2020-21	5
EARTH HOUR 2021	NSS Cell, University of Kerala	Environment Conservation	2020-21	15
GREEN KERALA CONCLAVE	CLIMATEHOOD: THE CLIMATE YOUTH FRATERNITY	Environment Conservation	2020-21	10
GREEN KERALA CONCLAVE	Nehru Yuva Kendra Sangathan	Environment Conservation	2020-21	5
WORLD HEALTH DAY 2021	Indian Medical Association		2020-21	7
WORLD EARTH DAY - MRTTIKA: Photography Competition	Bhoomithra Sena Club, All Saints' College and WWF India Kerala Chapter	Environment Conservation	2020-21	5
SECOND WAVE OF SOCIAL PANDEMIC AND SOCIAL LIFE - Intercollegiate poster making competition	NSS Cell, University of Kerala	Social Responsibility	2020-21	10
AWARENESS CLASS ON DROWNING DEATH AND ITS IMPACT	Kerala State Disaster Management Authority	Social Responsibility	2020-21	5
KOODEYUND	NGO MIND: A SPACE FOR LOVE HOPE & CARE	Social Responsibility	2020-21	50
Get Wet	NSS Cell, University of Kerala	INTERNATIONAL LABOUR DAY	2020-21	50



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COVID 19 VACCINATION - online webinar, Vaccinate	Aster Medicity, Kochi	COVID VOLUNTEERING DUTY	2020-21	3
COVID 19 VACCINATION SUPPORT DESK	Disaster Management	Social Responsibility	2020-21	15
NATIONAL ENDANGERED SPECIES DAY - POLLINATORS PARTY	Bhoomithra Sena Club, All Saints' College	Environment Responsibility and awareness spreading	2020-21	15
HOPE: THE FOUNDATION OF LIFE	The Foundation of life - and NGO	Health and Lifestyle	2020-21	130
PLANT A LIFE CHALLENGE 2.0	Expectation Walkers	Environment Responsibility and awareness spreading	2020-21	182
				1807



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